



Hey Beast Participant!

We're back, and we're glad you're here! Everyone on the Beast Planning Team is working to make this the best Beast ever! To protect you and everyone around you, we're closely monitoring guidance from the CDC and other agencies and have these measures currently in place:

- Packet pick up will be held outside the Barber National Institute on Wednesday & Thursday, Sept. 8 & 9, from 4-7 p.m. If you enter the building, masks must be worn inside.
- Due to federal rules relating to public transportation, masks must be worn on the shuttles on event day.
- If you prefer to drive to the start line at Beach 10, the final shuttle will leave Waldameer at 3:30pm to take you back to Beach 10 to get your car.
- At the finish line, volunteers will hand you your medal (instead of placing it around your neck.)
- Spectators are discouraged from visiting the Adapted Course inside Waldameer to limit exposure for any vulnerable adults
- If you are sick or exhibiting any symptoms of Covid 19, regardless of vaccination status, please do not come to the event.

Information and practices may change as Covid-19 guidelines evolve and we will put in place any new recommendations on event day.

Please check [Barber Beast.org](https://BarberBeast.org) for any updates.





## PACKET PICK-UP

Packets will be available at the **Barber National Institute Main Campus** – 100 Barber Place on:

**Wednesday and Thursday, Sept. 8 and 9 from 4–7 p.m.**

Weather permitting, tents will be set up outside of the north entrance (watch for signs.) If pick-up must be held indoors, all persons must wear a mask when entering the Barber National Institute.

Participants can also pick up their packets at the event on Saturday, Sept. 11 at Waldameer Picnic Groves starting at 6:30 a.m.

**Please bring your photo ID. To pick up a packet for another participant, you must have a copy of their photo ID and ensure that they have signed their waiver prior to you picking up their packet.**

Participants who registered for a timed wave will receive a timing chip in their packet, which they must bring to the event, securely tied to their shoe. **Lost or forgotten chips cannot be replaced on event day.** Volunteers will be stationed at the finish line to collect chips, so please make sure to return yours after finishing.

Registrations will also be accepted during Packet Pick Up and the day of the event! Simply bring cash or credit card and photo ID.



## PARKING

Free parking is available on Beast Day in the lot located at Waldameer off of the Peninsula Drive entrance. From there, participants can board shuttles to go to the **start line at Beach 10**. Please do not leave valuables in your car.



## SHUTTLES



The “E” is providing free shuttles to transport participants from Waldameer to the **start line at Beach 10**. **Due to federal regulations for public transportation, masks must be worn on the shuttles.** The “E” is providing shuttle service free of charge, so please comply with this requirement.

Shuttles will begin running at 7:15 a.m. for participants only. Please plan to board your shuttle at Waldameer approximately one hour before your scheduled wave time. The final shuttle will depart at approximately 10:30 a.m. Everyone must check in at Waldameer first before using the shuttle.

Beginning at 11 a.m., the “E” will run shuttles throughout the course for participants and spectators. Look for designated stops and pick-up spots that are marked with “E” shuttle signs on the map. If participants prefer to drive to the start line, shuttles will run until 3:30 p.m. to return to Beach 10.

## WALDAMEER

Waldameer Park & Water World is located at 220 Peninsula Drive, Erie, PA 16505. Please make sure to get there with plenty of time.





## BAG DROP

Before heading to the start line, secure your belongings at the bag drop located near registration at Waldameer Picnic Groves. Look for a tag in your packet and tie that to your bag.

**NOTE: We will not be able to take your bag at the start line.**

Lose something? Find something? Lost & Found will be located at Bag Drop! Beginning at 3:00 p.m., participants will be able to exchange shirt sizes here.

## BEER SALE

Participants age 21 and older will receive a wristband from registration at the Waldameer Picnic Groves that allows them a free beer at the conclusion of the event. Wristbands will only be distributed the day of the event and will not be in participant packets. Participants must show valid ID to receive a wristband. No exceptions.

Additional beer may also be purchased at Waldameer with valid ID; cash or credit card accepted. Check out the Beast on the Bay koozies selling for \$5.00.

## HYDRATION & NUTRITION

Please check the course map to locate the six water stations placed periodically throughout the course. The water stations are long fountains connected to a water source. Volunteers will make sure water is flowing and ready to drink as you approach.



Two of these six stations double as a hydration/nutrition station. Fruit, protein bars and water will also be provided at the finish line.



## CHEER ZONES

While you're moving between obstacles, watch for Cheer Zones located along the course. These are groups volunteering to provide some encouragement and motivation! Participating groups include Jam Team Foundation, the Mercyhurst University Men's Lacrosse Team and the Erie Federal Credit Union Wellness Program.

Take note because you will be able to vote for your favorite Cheer Zone in the post-event survey, giving them the chance to win cash prizes!

## ELITE

All participants in the Elite Wave must complete all of the course obstacles. Multiple attempts can be made, but they should not interfere with those making a first attempt. Elite participants will be disqualified from the awards if they do not complete an obstacle. Volunteers will report disqualifications before the awards, but we also ask that Elite participants observe an honor system. If you do not complete an obstacle, please report it to a volunteer at the finish line.

## AWARDS

A brief ceremony will be held at 11:00 a.m. on the stage near the finish line to award the top three male and female finishers from the Elite Wave.

The top Beast fundraisers will also be awarded, and all fundraisers will be acknowledged with a group photo.

## COURSE TIPS

The Beast is designed to challenge all athletic levels. If you want to run the course and hurdle every obstacle, that's great! If you want to walk the course, picking and choosing which obstacles to do, that's fine too!

You will be exposed to the outside elements on the course and are encouraged to wear insecticide to avoid bug bites (including ticks). It's also recommended that you wear sunscreen, sunglasses, gloves and proper athletic shoes!



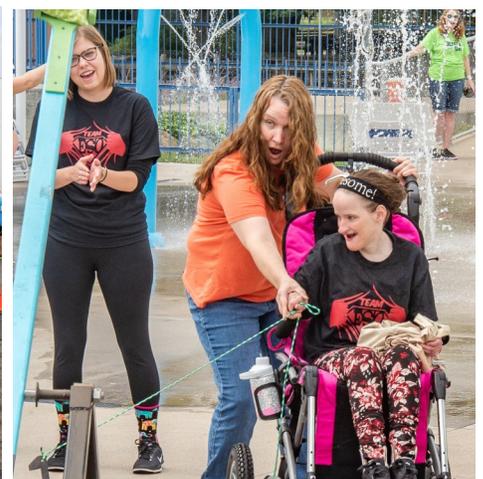
## EVENT STAFF

If you need assistance at any time on the course, look for our helpful volunteers in their blue “Beast Crew” shirts or event staff in black “Event Staff” shirts. If you can, give them a big thanks or a high-five for donating their time and being the backbone that makes this event possible.



## ADAPTED COURSE

As you complete your 10-mile trek through Waldameer Water Park, you will be crossing through parts of our 1-mile Adapted Course. Be sure to give a high five or word of encouragement to the teens and adults who are tackling their own obstacles! You will also be crossing the finish line together!



# AFTER PARTY

Stick around after the Beast and enjoy the party in the Waldameer parking lot for music, food, beer and fun! Vendors on hand for the after party include:



## Barber Gift Shop

*Support our mission with Barber Beast on the Bay and other merchandise.*



## The Big Cheese

*A delicious selection of sandwiches featuring fresh baked breads, amazing assortments of cheeses, specialty meats and signature spreads.*



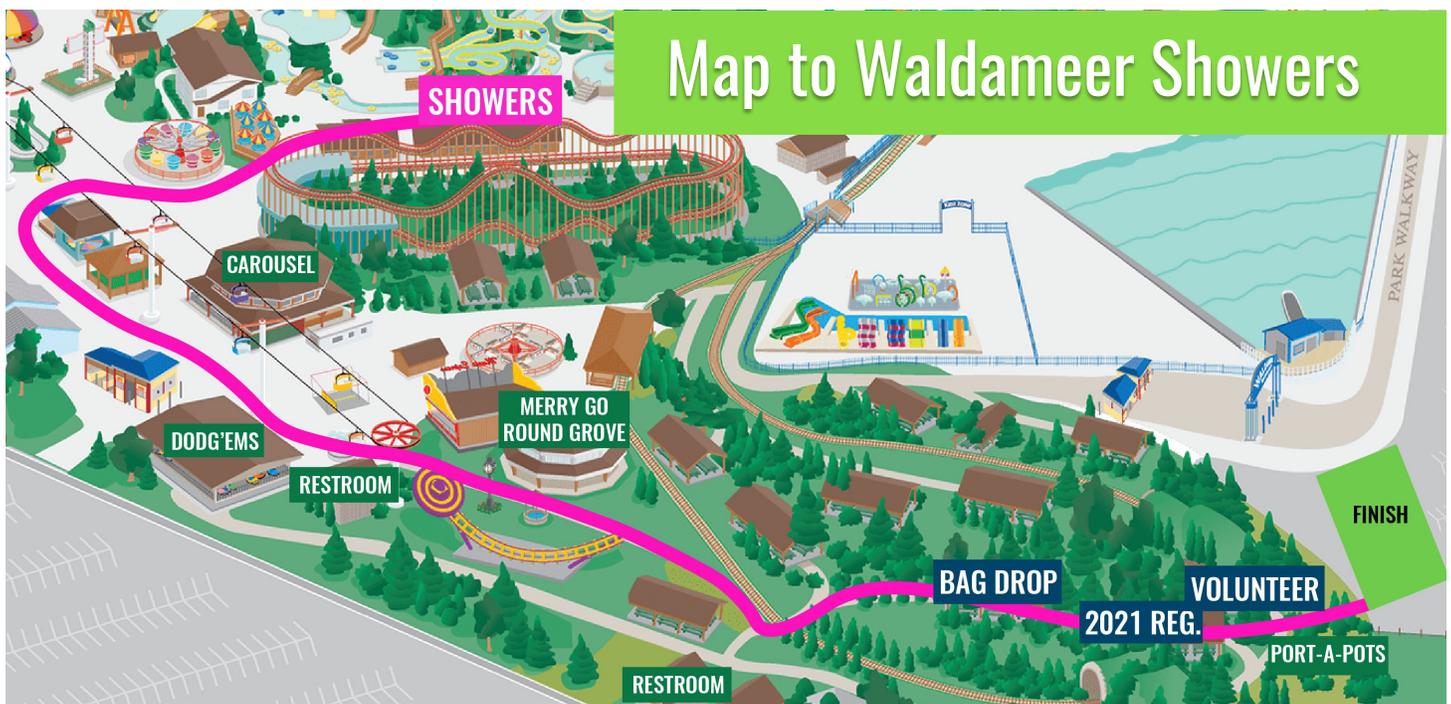
## The Chameleon

*If you're feeling hangry after a long day, The Chameleon offers an everchanging menu of great lunch and snack options.*



## Smiley's Ice Cream Truck

*Take some time to cool down after all your hard work. Treat yourself to a frozen treat from Smiley's!*



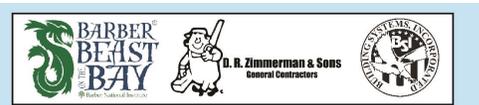
# THANK YOU SPONSORS!



## OBSTACLES LEGEND

- 1 One Bell of a Start
- 2 Crawl Wall
- 3 Phragmites
- 4 Armageddon
- 5 Water Wall
- 6 Over Under
- 7 Inverted Monkey Bars
- 8 Teeter Totter
- 9 Charlotte's Revenge
- 10 Trail Test
- 11 Hit the Deck
- 12 40-Ft Wall
- 13 Triangles of Terror
- 14 Rope Race
- 15 Tail of the Beast
- 16 Big Pipes
- 17 Walk the Plank
- 18 Trench Warfare
- 19 Teeth of the Beast
- 20 Tire Trap
- 21 Angle Wrangle
- 22 Stairway to Heaven
- 23 Rings of Fire
- 24 Iron Curtain
- 25 Quarter Pipe
- 26 Weight a Minute
- 27 Jail Break
- 28 Mighty Moguls
- 29 Heartbreak Hill
- 30 Wave Goodbye

## 2021 Barber Beast on the Bay 10-Mile Course



### SYMBOL LEGEND

	Main Course		Bus Stop
	Obstacle		Road Crossing
	Hydration		Start/Finish
	Hydration/Nutrition		First Aid
	Cheer Zone		

### CHEER ZONES

- Mercyhurst Men's Lacrosse
- Erie Federal Credit Union Wellness Program
- Jam Team Foundation

As of 8/31/2021  
 \*\*Please note locations are subject to change.

Sponsors as of: 9/1/2021