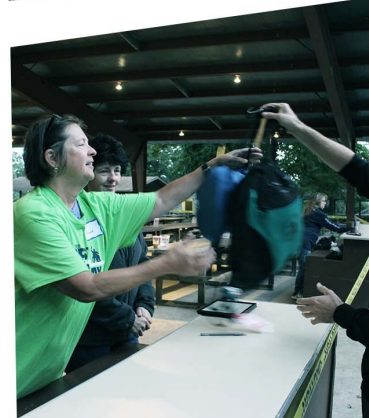




BARBER[®] BEAST ON THE BAY

Barber National Institute

VOLUNTEER PACKET





FROM THE BEAST

Thank you for volunteering! Before you start having fun, please review this important information you'll need to know. Remember—your most important job is to *cheer on the participants*! Please check BarberBeast.org for any last-minute updates that may be necessary because of changes to Covid-19 guidelines.

CHECK-IN DAY OF



All volunteers working on the course—It is important to check in at least 1 hour before your scheduled shift. For **obstacle monitors, hydration/nutrition stations and**

the start line—report to the tent located inside the **Overflow Parking Lot** on the east side of Peninsula Drive (just below the Tom Ridge Center). From here, you can check in, pick up your map and continue to the park.



All volunteers working at Waldameer—**registration, bag check, finish line, parking and volunteer check-in**—should report to the Volunteer Check-In pavilion at

Waldameer at least 30 minutes before your shift.

MEETING AREAS

Meeting areas have been created for obstacle monitors, hydration/nutrition stations and start line volunteers to meet their captains. Arrive at your meeting area 20—30 minutes before your shift to be assigned your exact location.

Meeting Areas:

Start Line: Jen Lawrence—Beach 10

Zone A: Pat Kress—Beach 11 Bath House

Zone B: Scott Morgan—Beach 9 Bath House

Zone C: Laurie Callaghan—Beach 6 Bath House

Zone D: Jon Finke—Sara's Restaurant Parking Lot

Contact Lori Johnson at 814-572-0005 for questions!



CANCELLATIONS

If an illness or emergency prevents you from volunteering, it is essential that you call the Volunteer Captain, Lori Johnson at 814-572-0005 as soon as possible. If you are experiencing any Covid-related symptoms, please notify Lori, and **do not** report to the event.

EVENT DAY TIPS

- Dress for the weather! The Beast goes on rain or shine, so you may want to bring a poncho. We also suggest bringing sunscreen, bug/tick spray and your own hand sanitizer.
- Bring food and water. You will receive a bottle of water and a snack at check-in, but you may get hungry or thirsty at your post.
- Come prepared! Know your location beforehand. Ask questions if you have any. Know your job, job description and meeting spot location. Signs will be placed along Presque Isle to help you find your zone meeting spot.
- While you are encouraged to stand and instruct participants, you may want to bring a camp chair to sit down during breaks.

PARKING

There is plenty of parking located in the Waldameer lot off of Peninsula Drive and on Presque Isle. Please do not leave valuables in your car.

EVENT HELP



If you need assistance at any time, look for event staff in the black shirt that says “Event Staff.” You will also be given your zone captain’s phone number when you check in.

BEER

Volunteers must show valid ID at the beer table to receive a wristband. Wristbands cannot be provided without a valid ID and a volunteer shirt.



ADAPTED COURSE

The Beast Adapted Course will take place inside Waldameer Park and Water World beginning at noon. Due to Covid precautions, we are asking volunteers and spectators not to enter the adapted course to limit exposure for our adults. However, if you see the adults and teens pass by, please give them a word of encouragement. Cheer on the 10-mile and adapted course participants as they cross the finish line together!

AFTER PARTY

Stick around after the Beast and enjoy the party in the Waldameer parking lot for music, food, beer and fun! Vendors on hand for the after party include:



Barber Gift Shop

Support our mission with Barber Beast and other merchandise.

Wear your volunteer shirt to receive 10% off Beast merch.



The Big Cheese

A delicious array of sandwiches featuring fresh baked breads, amazing assortments of cheeses, specialty meats and signature spreads.



The Chameleon

If you're feeling hangry after a long day, The Chameleon offers an everchanging menu of great lunch and snack options.

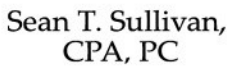


Smiley's Ice Cream Truck

Take some time to cool down after all your hard work. Treat yourself to a frozen treat from Smiley's!

Contact Lori Johnson at 814-572-0005 for questions!

THANK YOU SPONSORS!



OBSTACLES LEGEND

- 1 One Bell of a Start
- 2 Crawl Wall
- 3 Phragmites
- 4 Armageddon
- 5 Water Wall
- 6 Over Under
- 7 Inverted Monkey Bars
- 8 Teeter Totter
- 9 Charlotte's Revenge
- 10 Trail Test
- 11 Hit the Deck
- 12 40-Ft Wall
- 13 Triangles of Terror
- 14 Rope Race
- 15 Tail of the Beast
- 16 Big Pipes
- 17 Walk the Plank
- 18 Trench Warfare
- 19 Teeth of the Beast
- 20 Tire Trap
- 21 Angle Wrangle
- 22 Stairway to Heaven
- 23 Rings of Fire
- 24 Iron Curtain
- 25 Quarter Pipe
- 26 Weight a Minute
- 27 Jail Break
- 28 Mighty Moguls
- 29 Heartbreak Hill
- 30 Wave Goodbye

2021 Barber Beast on the Bay 10-Mile Course



Zone A
 9 - Obstacles
 3 - Road Crossings
 1 - Hydration Station
 1 - First Aid

Zone B
 8 - Obstacles
 1 - Road Crossing
 1 - Hydration/Nutrition
 1 - First Aid

Zone C
 7 - Obstacles
 1 - Hydration Station
 1 - Hydration/Nutrition
 1 - First Aid

Zone D
 6 - Obstacles
 2 - Hydration Station
 1 - First Aid

SYMBOL LEGEND

- Main Course
- Obstacle
- Hydration
- Hydration/Nutrition
- Cheer Zone
- Bus Stop
- Road Crossing
- Start/Finish
- First Aid

CHEER ZONES

- Mercyhurst Men's Lacrosse
- Erie Federal Credit Union Wellness Program
- Jam Team Foundation

As of 8/26/2021

**Please note locations are subject to change.

Sponsors as of: 8/26/21



JOB DESCRIPTIONS

BAG DROP

CAPTAIN:
CRAIG SILVIS

- Participants will drop off bags on their way to the start line.
- Each participant packet includes a tag which should be attached to their personal belongings.
- A recorder will check the bags in while a volunteer will place the bags in their designated area.
- After participants finish the race, recorders will monitor the returning of bags while other volunteers will locate and return bags to the participant.
- Lose or find something? Lost & Found will be located at Bag Drop!
- After 3:00 p.m., remaining participant shirts will be available for size exchange upon participant's request.

BEER SALES

CAPTAIN:
SHERRY RIEDER

- Volunteers will check ID to ensure birthdays are before September 11, 2000 before issuing a beer band. A red line under a person's bib number indicates they are UNDER 21.
- Participants and volunteers over the age of 21 are entitled to one free beer: a can for participants and draft for volunteers. Once that beer has been redeemed, use a sharpie to mark their hand. Volunteers must have their volunteer t-shirt on (aqua blue "Beast Crew") and present ID.
- Beer will be sold at the Waldameer Park After Party for \$3.00 for participants, volunteers and spectators. Stop by the beer tent to purchase tickets that can be redeemed for beer.
- Beast on the Bay koozies will be available for purchase for \$5.00.





JOB DESCRIPTIONS

FINISH LINE

CAPTAIN:

JEN MARKIEWICZ

- Due to Covid-19 protocols, please hand medals to each participant - Do not place medals around the necks of participants.
- Distribute water, food and medals to the participants as they cross the finish line.
- Volunteers will set up the tables, replenish food and water and keep medals ready for distribution.
- Please keep the “chute” open. Encourage participants to make quick selections of food or water to keep them moving.
- Collect timing chips from timed participants in the labeled timing chip return buckets.
- Volunteers will clean-up the area at the end of their shift.
- The Saint Vincent Mobile Medical Unit will be adjacent to the Finish Line should anyone need assistance. If a participant cannot make it to the unit, please go to the unit for assistance.
- **Only participants receive medals.** Do not give to volunteers, family, friends or course buddies to ensure we have enough medals.
- Most importantly, volunteers should be cheering for participants!





JOB DESCRIPTIONS

HYDRATION STATION

SEE ZONE CAPTAIN
LIST ON PG. 11

To offer a more environmentally friendly event, we will continue with hydration stations that eliminate paper cups. Please encourage participants to "step right up" and get a drink. Each water source will have a red valve which



should be turned off when it is not in use. As you see participants approaching, please turn on the red valve to start the water flow.

NUTRITION STATION

SEE ZONE CAPTAIN LIST
ON PG. 11

- Supplies include: foil pans for slicing, plastic knives, apple slicer, gloves, 3-5 oz. cups and garbage bags. Use the provided gloves!
- Slice bananas and cereal bars into bite sized pieces and place in cups. Keep cups lined up on table.
- Some volunteers can slice while others stand in front of table handing off cups to participants as they go by.
- Be sure to cheer on participants, "Keep going!" "You can do it!"
- Keep the area clean! Extra garbage bags are provided for trash, which should be tied up and placed in nearest dumpster.



JOB DESCRIPTIONS

OBSTACLE MONITORS

SEE ZONE CAPTAIN LIST
ON PG. 10

- Be present near your obstacle to maintain safety. If possible, volunteers should be positioned on all sides.
- As participants approach, direct them on how to complete each obstacle, "Go over and under!" or "Crawl through the tubes to the other side." An instruction sheet will be at every obstacle for reference.
- Check your assigned obstacle to be sure it is in good working order. If you notice something wrong, contact your zone captain (black shirts) or flag down an obstacle builder (blue shirts) and direct participants around the obstacle in the meantime.
- You must make sure that all participants in the **Elite Wave do every obstacle**. There is no substitute activity. Multiple attempts may be made to compete as a top finisher however they should not interfere with those making a first attempt. Elite Wave bibs have a red dot so if any fail to complete an obstacle, record their bib number on your clipboard.
- Clipboards should be returned to Zone Captains by 10 a.m.
- If someone is injured, contact zone captain. DO NOT try to transport participants. You will receive their phone numbers at check-in.
- Volunteers will be responsible for directing the flow of traffic in the Waldameer parking lot. Wear the provided safety vest.
- Parking for the Adapted Course will be close to the entrance to the park and adjacent to the finish line. All others will be directed away from this area. Please follow the direction of the Parking Captain closely to avoid any miscommunication and accidents.
- Shuttle buses will be moving through this area as well. Those lanes must be kept open for bus use.

PARKING

CAPTAIN:
MIKE DUGAN

JOB DESCRIPTIONS

REGISTRATION

PRE-REGISTERED
CAPTAIN:
ALISON STAWICKI

DAY OF REG. CAPTAIN:
JESSICA HAGERTY

For Pre-Registered Participants:

- Participants over 21 will be issued a wrist band for beer.
- All participants will need their race number written on their arm or forehead. Check to be sure bibs are secured to each participant.
- Make sure participants get their shirt in the size they registered with. At 3:00 p.m., all remaining shirts will be moved to Bag Drop for size exchange.

For Participants Registering on Event Day:

- You will sign up those who haven't pre-registered. Registration must be done via credit card or with cash. No checks!
- Participants over 21 will be issued a wristband for beer. All participants will need their race number written on their arm or forehead. Participants born prior to Sept. 11, 2000 need a red line under their bib number (indicating they are under 21).
- Direct participants to Bag Drop.

START LINE

CAPTAIN:
JEN LAWRENCE

- **Start Line location is at Beach 10**
- 2 volunteers greet participants off the bus and collect any used masks. Encourage participants to move from the shuttle drop off area to the start line.
- Direct participants to the "chute" at their appropriate wave time.
- Be sure each participant's bib # is written on their arm or forehead with a sharpie. If not, write it on in the "chute."
- When the DJ begins to count down to the start time, drop flagging at the appropriate time and hold up after wave goes through. Repeat the process for each wave during your shift.
- No bibs or timing chips will be available at the Start Line. Participants cannot run without a bib and must return to Waldameer for a replacement. If a timed participant is missing their chip they are still able to participate but will not be timed and no refund will be issued for their lost/forgotten chip.
- Do not accept participants' bags. Refer them to Bag Drop area at Waldameer.
- Pick up all trash from the area before you leave.



JOB DESCRIPTIONS

VOLUNTEER CHECK-IN

WALDAMEER
CAPTAIN:
LORI JOHNSON

PRESQUE ISLE
CAPTAIN:
CARRIE KONTIS

- In the tent at the overflow parking lot, welcome all Obstacle, Hydration/ Nutrition and Start Line volunteers reporting to Presque Isle State Park. At the Waldameer check-in, welcome those who are at registration, bag check, finish line and parking volunteers. Check them in on your list.
- Provide volunteers with their name tag, job description, shirt (if necessary) and assignment location. Offer a bottle of water and a snack to all volunteers.
- Volunteers in this position will need to troubleshoot for no-shows, answer questions and be a resource to anyone with questions or concerns.



10-MILE COURSE ZONE CAPTAINS

If you're a volunteer out on the **10-mile course**, be sure to know who your Zone Captain is:

Zone A: Pat Kress — (814) 450-1913

Zone B: Scott Morgan — (814) 722-0107

Zone C: Laurie Callaghan — (814) 460-7820

Zone D: Jon Finke — (814) 504-7981

If you cannot reach your zone captain, please call Laura Schaaf at 814-528-4898.